REGATTA MEASURING GUIDE

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The fit of your clothes depends on the cut/style and design of your garment. Our garments will vary in actual size as we allow for ease of fabric over the body. Measure your body accurately to determine what size clothes you would be best buying.

MEN'S

A = Chest

Measure the chest at the fullest part placing the tape under the arms.

B = Waist

Measure around the waist at the height at which you would normally wear your trousers.

C = Inside Leg

Measure from the crotch to where your trouser leg is normally worn at the ankle.

WOMEN'S

A = Bust

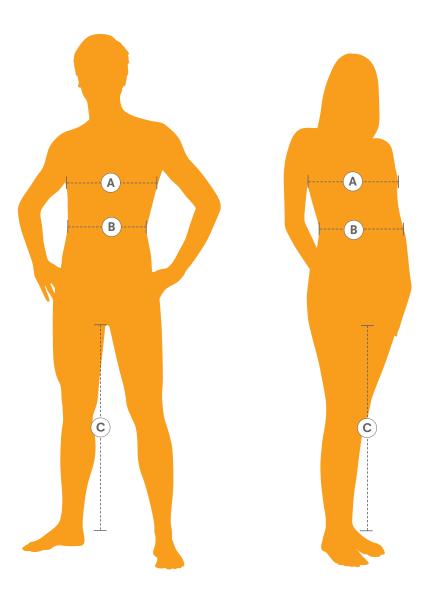
Measure around the fullest part of your bust.

R = Waist

Measure around the waist at the height at which you would normally wear your trousers.

C = Inside Leg

Measure from the crotch to where your trouser leg is normally worn at the ankle.



Men's Body Measurements XXS	XS		s	M L		XL		XXL		XXXL		XXXXL	
Men's Sizing: Jackets/Body Warmers/Fleeces/Shirts & T-Shirts	5												
(Chest) size inches 34	35-36	37	7-38	39-40)	41-42	43-4	44	46-48		49-51	52-5	54
(Chest) size cm's 86	89-91.5	94	-96.5	99-101	.5 1	04-106.5	109-112		117-122 1		124.5-129.5 13		137
European Conversion 44	46		48	50	50 5		56		58-60		62		
Men's Waist Sizing: Trousers & Shorts													
Waist) size inches	26	28	30	32	33	34	36	38	40	42	44	46	48
Waist) size cm's	66	71	76	81	84	86.5	91.5	96.5	101.5	106.5	111.5	117	122
Men's Waist Sizing European Conversion													
Austria, Switzerland, Germany, Netherlands,													
Sweden, Germany	40	42	44	46	48	50	52	54	56	58	60	62	64
Belguim, Spain, France, Portugal	34	36	38	40	42	44	46	48	50	52	54	56	58
Men's Inside Leg Measurements													
Short) inches	29	29	29	29	29	29	29	29	29	29	29	29	29
Regular) inches	31	31	31	31	31	31	31	31	31	31	31	31	31
(Long) inches	33	33	33	33	33	33	33	33	33	33	33	33	33
	XS		s	М		L	ΧL		XXL		XXXL		
Men's Overtrouser													
Waist) inches	28-30	30	0-32	33-34		36-37	38-40		42-44		46-48		
Waist) cm's	71-76	76	6-81	84-86	84-86		97-102		107-112	1	17-122		
uropean Conversion													
Austria, Switzerland, Germany, Netherlands,													
Gweden, Italy	42-44	44	4-46	48-50		50-52	54-	56	58-60		62-64		
Belguim, Spain, France, Portugal	36-38	38	8-40	42-44	1	44-46	48-	50	52-54		56-58		
Womens Body Measurements													
	8		10	12	•	14		16		18	20	1	22
	8 rts & Trous		10	12	2	14		16	_	18	20)	22
Women's Sizing: Jackets/Body Warmers/Fleeces/Shirts/T-Shir			10 34	12		14 38		16		18 43	20		22
Women's Sizing: Jackets/Body Warmers/Fleeces/Shirts/T-Shir	rts & Trous	sers			3								
Women's Sizing: Jackets/Body Warmers/Fleeces/Shirts/T-Shir Bust) size inches Bust) size cm's	rts & Trous	sers	34	36)	38		40	1	43	45	5 4	48
Women's Sizing: Jackets/Body Warmers/Fleeces/Shirts/T-Shir Bust) size inches Bust) size cm's Waist) size inches	7 ts & Trou s 32 81	sers	34 86	36 92	2	38 97		40 102	1	43	45 114	; 4	48 122
Women's Sizing: Jackets/Body Warmers/Fleeces/Shirts/T-Shir Bust) size inches Bust) size cm's Waist) size inches Waist) size cm's	7ts & Trous 32 81 25	sers	34 86 27	36 92 29	2	38 97 31		40 102 33	1	43 109 36	45 114 38	; 4	48 122 41
Women's Sizing: Jackets/Body Warmers/Fleeces/Shirts/T-Shir Bust) size inches Bust) size cm's Waist) size inches Waist) size cm's European Conversion	32 81 25 63	sers	34 86 27	36 92 29)	38 97 31		40 102 33	1	43 109 36	45 114 38	4	48 122 41
Women's Sizing: Jackets/Body Warmers/Fleeces/Shirts/T-Shir Bust) size inches Bust) size cm's Waist) size inches Waist) size cm's European Conversion	32 81 25 63	sers	34 86 27 68	36 92 29 74)	38 97 31 79		40 102 33 84	1	43 09 36 91	45 114 38 96	5 4 5	48 122 41 104
Women's Sizing: Jackets/Body Warmers/Fleeces/Shirts/T-Shir Bust) size inches Bust) size cm's Waist) size inches Waist) size cm's European Conversion Austria, Switzerland, Germany, Belgium, Netherlands, Sweden	32 81 25 63	sers	34 86 27 68	36 92 29 74	3	38 97 31 79		40 102 33 84	1	43 09 36 91	45 114 38 96 46	5 4 8 5	48 122 41 104
Women's Sizing: Jackets/Body Warmers/Fleeces/Shirts/T-Shir Bust) size inches Bust) size cm's Waist) size cm's Waist) size cm's European Conversion Austria, Switzerland, Germany, Belgium, Netherlands, Sweden Spain, France, Portugal taly	32 81 25 63 34 36	sers	34 86 27 68 36 38	36 92 29 74 38	3	38 97 31 79 40 42		40 102 33 84 42 44	1	43 109 36 91 44 46	45 114 38 96 46 48	5 4 8 5	48 122 41 104 48 50
Women's Sizing: Jackets/Body Warmers/Fleeces/Shirts/T-Shir Bust) size inches Bust) size cm's Waist) size inches Waist) size cm's European Conversion Austria, Switzerland, Germany, Belgium, Netherlands, Sweden Spain, France, Portugal taly	32 81 25 63 34 36	sers	34 86 27 68 36 38	36 92 29 74 38	3	38 97 31 79 40 42		40 102 33 84 42 44	1	43 109 36 91 44 46	45 114 38 96 46 48	5 4 3 5 3 3	48 122 41 104 48 50
Women's Sizing: Jackets/Body Warmers/Fleeces/Shirts/T-Shir Bust) size inches Bust) size cm's Waist) size cm's Waist) size cm's European Conversion Austria, Switzerland, Germany, Belgium, Netherlands, Sweden Spain, France, Portugal	32 81 25 63 34 36 40	sers	34 86 27 68 36 38 42	36 92 29 74 38 40 44	33	38 97 31 79 40 42 46		40 102 33 84 42 44 48	1	43 109 36 91 44 46 50	45 114 38 96 46 48 52	5 4 5 5 5 6 7	48 122 41 104 48 50 54